

Caring for Your Valplast Appliance

Congratulations on receiving your new custom Valplast denture or partial appliance!

Most patients become quickly accustomed to their new appliance, but there may still be a brief adjustment period for you, especially if you have never worn a dental appliance before.

If you do experience any persistent irritation, please **give the office a call** so we can see about adjusting it for you if needed.

Your Valplast appliance is just like your own teeth - it does require good care and oral hygiene.

To keep it looking and feeling like new, you will need to:

1. Clean your Valplast appliance regularly. **Val-Clean Concentrated Denture Cleaner** will safely, quickly, and effectively maintain the cleanliness of Valplast partials as well as other removable dental appliances. Other brands are not recommended as they may not effectively clean your Valplast appliance or may deteriorate the color. Valclean is easy to order by calling toll-free (888) 325-3260 or by placing your order online at www.valclean.com
2. Soak your Valplast appliance in Val-Clean Denture Cleanser for 10-15 minutes daily or overnight, 3 times a week.
3. Loose particles can be removed with the use of a Valplast DentureSonic or DentureSpa, or by placing the appliance under running water. Brushing is only recommended with the special DentureBrush from Valplast as other brushes may remove the polish and roughen the surface over time.
4. Whenever possible, rinse your Valplast appliance after eating to remove food particles.
5. Keep the partial in water or Val-Clean whenever it is not being worn to keep the surface hydrated.
6. Remember to brush your natural teeth and gums regularly as directed by your dentist.

Additional Tips for the Care of your Valplast Appliance:

- Cleanse the Valplast appliance daily and keep it in water or Val-Clean whenever it is not being worn
- Please know that improper care or cleaning of your custom appliance may lead to deterioration of appearance, comfort, or proper function. Disinfecting and occasional professional cleaning is recommended to prevent symptoms of denture stomatitis.
- Toothpaste and toothbrushes may scratch or dull the surface of your Valplast appliance. Be sure to remove your Valplast restoration whenever you brush your natural teeth.
- Please keep the appliance out of reach from pets. Dogs and other pets find dental appliances to be attractive chew toys.
- Valplast appliances are very durable and are designed to give long term performance under normal usage. Please note that the Valplast base material will resist fracture or breakage better than the synthetic teeth that are embedded in it. Small accidents such as dropping the appliance in the sink or on the floor will not damage the Valplast, but may cause the teeth to fracture. Please handle the appliance with care.
- Contact our office if you experience any discomfort from your dental restoration or if you ever have any abnormality with your natural teeth or gums